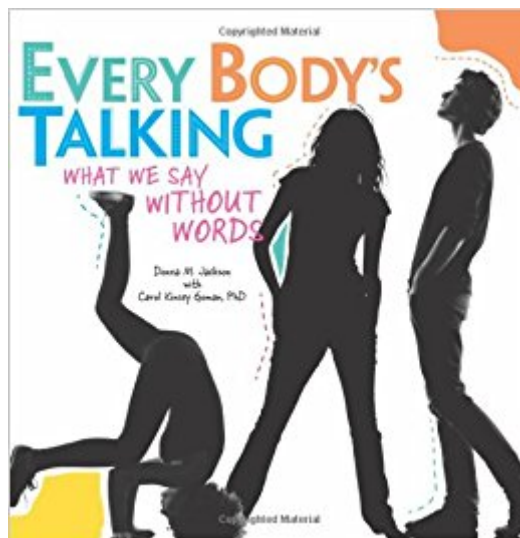


The book was found

# Every Body's Talking: What We Say Without Words (Nonfiction - Grades 4-8)



## Synopsis

- Bank Street College Best Children's Books of the Year - 2015 "Alone, the tip to mimic a superhero's stance to build confidence makes the title a worthwhile investment. . . . Gift a copy to your child or child's teacher; help this extraordinary resource make the rounds." - VOYA, starred review "Are you nervous about your presentation tomorrow? Or about going onstage for the school play? What about trying out for the baseball team? Try standing like a superhero for a few seconds before you start. Research shows that standing like a hero makes you feel--and act--like one! Humans use words to communicate, but we also use our bodies to send messages. We may shrug our shoulders to show we don't care, or open our eyes wide in surprise, or give the thumbs up to show we approve of something. But did you know that giving the thumbs up in Greece is pretty rude? Or that nodding your head--which means "yes" in the United States and Canada--actually means "no" in the European countries of Albania and Bulgaria? Every Body's Talking explores the complexities of body language. Discover what is really being expressed when people stand, sit, or move in certain ways and learn how you can use your body and facial expressions to communicate more effectively in a variety of situations.

## Book Information

Lexile Measure: 990L (What's this?)

Library Binding: 64 pages

Publisher: Twenty-First Century Books (January 1, 2014)

Language: English

ISBN-10: 1467708585

ISBN-13: 978-1467708586

Product Dimensions: 0.2 x 10 x 10 inches

Shipping Weight: 15.2 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 1 customer review

Best Sellers Rank: #1,143,788 in Books (See Top 100 in Books) #83 in Books > Children's Books > Geography & Cultures > Cultural Studies > Sociology #4341 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings

Age Range: 9 - 12 years

Grade Level: 4 - 8

## Customer Reviews

Gr 5 Up • Fascinating information about body language is clearly presented in six detailed yet easily understood chapters. Learning how to "read" others through keen observation can help with understanding emotions, nonverbal messages, and truthfulness. Interspersed throughout the large-type text, with plenty of white space, are photographed examples of various forms of body language (hair twirling, wide-open eyes, lip biting, and mouth covering) and what they usually signify. Each chapter is broken down into a variety of relevant topics ("Bodies in Motions" includes subsections such as "Voice Messages" and "Fancy Footwork") with colorful headings and sidebars, making the book accessible and engrossing. In addition to helping readers comprehend others without verbalization, the text provides useful advice on how to appear more confident (stand tall in a "power pose" like a superhero) and how to show agreement by mirroring body language. A brief, cautionary section explains how acceptable gestures in this country (nodding, thumbs up, etc.) may mean something entirely different, or even rude, in another culture. The back matter includes web videos on this subject. This intriguing title will enlighten readers about how much we say without saying a word.

• Maryann H. Owen, Children's Literature Specialist, Mt. Pleasant, WI

Jackson and Goman invite readers to become more observant of the myriad ways that people "talk" with nonverbal cues. Building on the natural preoccupation with communication that is a hallmark of adolescence, several handy tips are described for decoding the signals that people send via facial expression and body positioning. But the text goes far beyond simply describing body language. An entire chapter on global mores explains how and why gestures are interpreted in different ways by different cultures, and readers are encouraged to carefully consider context when evaluating nonverbal communication. Also, the science of human communication is explored, beginning with the biophysical reactions that occur in the brain and manifest as emotions and innate facial expression. The layout is lighthearted and the photographs are spry, while the source information is drawn from both current events and scientific experts. Most important, the authors discuss how readers can use their understanding of nonverbal communication to present themselves to the world as confident and capable, a skill that many young readers will find valuable. Grades 5-8. --Erin Anderson

ARC provided by NetGalley Did you know that without uttering a single word someone standing in front of you will be able to read you like an open book? It's true! Give it a try, because we all communicate with our bodies in a language that is virtually universal. Or so it appears. Giving the thumbs up in the US and Canada means that you approve, but in Greece it

stands for something that is rude. And be careful when you nod your head in Albania and Bulgaria, as it actually means no. Our bodies are talking...whether we know it or not. Body language is a complex, and sometimes, difficult topic to talk about given that we don't often look at ourselves when we're communicating. And for people that are on the Autism spectrum, like me, it's even more difficult to interpret what the body signals mean if the voice says something different. And that's where this book comes in. Even though it is a relatively short book, it has lots of good images and is engaging to readers, whether young or older. It walks the reader through what they're saying, how they're saying it, and when they're saying it based upon how they're holding themselves. Even better, it talks about the different cultures and backgrounds, so that it can help readers better understand what to be aware of in different cultures. Body language tends to be something that we all take for granted and assume that everyone knows what different signals mean. Yet this book shows that different cultures and upbringings impact how we read and understand signals. Although this book is aimed at a younger audience, it is well worth the read for all ages. I give the book 4 out of 5 stars.

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